

Hair Aesthetic Clinic - UK & Ireland Consultation Checklist

Prepared for patients considering hair transplant travel to Istanbul.

Photo set to prepare:

- Front hairline in natural light
- Left and right temples
- Top / mid-scalp
- Crown
- Back donor area
- Left and right side donor areas

Medical details to include:

- Age and main goal
- Current medications and allergies
- Smoking / vaping status
- Previous hair transplant or scalp procedure
- Scalp conditions, bleeding history, or relevant medical history
- Current hair-loss treatments

Questions to ask before booking:

- Am I suitable for surgery now?
- What is my safe graft range?
- Why is Sapphire FUE, DHI, or staged planning recommended?
- What areas should be prioritised?
- What hotel, transfer, and aftercare services are included?
- What symptoms require local medical assessment after returning home?

Important note: This checklist does not replace an individual medical consultation.